Don’t let meeting cancellations affect your recovery

FIND HELP ONLINE

**Online meetings**

- Alcoholics Anonymous: aa-intergroup.org/directory.php
- Culpeper Recovery: Facebook: culpeperrecovery
- In The rooms: intherooms.com/home
- My Recovery: myrecovery.com
- Narcotics Anonymous: neveralonedub.org
- Smart Recovery: smartrecovery.org/community

**Podcasts**

- Mother Recovering: motherrecovering.com/listen
- This Naked Mind: thisnakedmind.com/category/podcast
- Recovery Elevator: recoveryelevator.com/podcasts
- Sober Girl’s Guide: sobergirlsguide.com/podcast
- That Sober Guy: thatsoberguy.com/podcast

**Helpful Apps**

- AA Big Book
- Celebrate Recovery
- NA Speakers
- Recovery Devotionals
- Recovery Path
- Sober Tool
- 7 Cups of Tea

**YouTube Videos**

- AA Speakers
- Celebrate Recovery
- NA Speakers
- SMART Recovery

You can find additional recovery resources at
https://www.culpeperoverdoseawareness.org/