

RAPID ACCESS

IMPROVING ENTRY TO OUTPATIENT MENTAL HEALTH AND SUBSTANCE USE SERVICES

WHAT IS RAPID ACCESS?

In June 2016, RRCS initiated a same day access model to outpatient mental health and substance use services. Through this model, individuals can attend walk in intake times to obtain a clinical assessment, used in determining the type and frequency of services most likely to meet their need. While this eliminates scheduled first appointments, it also eliminates the six month wait time previously associated with services.

WHEN AND WHERE ARE RAPID ACCESS?

Rapid Access is held at both our Culpeper clinic (650 Laurel Street, Culpeper, VA 22701, 540-825-5656) and Fauquier clinic (340 Hospital Drive, Warrenton, VA 20186, 540-347-7620), Tuesdays through Fridays from 8:30 a.m. to 11 a.m. or whenever capacity is reached (whichever is sooner) for individuals with no insurance, Medicaid, or private insurance. For individuals with Medicare, it is held Wednesdays and Thursdays at both clinics from 8:30 a.m. to 11:00 a.m. or whenever capacity is reached (whichever is sooner).

WHAT HAPPENS AT RAPID ACCESS?

During Rapid Access, individuals will be introduced to our outpatient policies and procedures, sign various paperwork (i.e., consent for treatment and acknowledgement of rights and responsibilities), and meet with a licensed or licensed-eligible clinician to complete a clinical assessment. The clinical assessment, based on the individual's report of current strengths, stressors, and symptoms paves the way for the development of a therapeutic treatment plan.

WHAT SERVICES MAY BE SUGGESTED?

Individuals attending Rapid Access may receive the following treatment recommendations

- No services recommended based on individual report
- Mental Health Counseling (Individual and/or Group)
- Mental Health Medication Services in conjunction with Mental Health Counseling (medication only services are not available)
- Substance Use Counseling (Individual and/or Group)
- Intensive Outpatient or Partial Hospitalization
- Outpatient Based Opioid Treatment
- Residential Substance Use Treatment (a follow up assessment may be needed)
- Young Adult Coordinated Care (a comprehensive program for individuals 15-25 experiencing a first psychotic break)
- Youth Substance Abuse Treatment (an evidence-based program for individuals 15-25 with a substance use disorder)
- Support Coordination Services (a follow up assessment may be needed)
- Crisis Intervention Counseling

WHAT ASSESSMENTS CANNOT BE COMPLETED AS PART OF RAPID ACCESS?

Clinical Assessments completed during Rapid Access are intended for the purpose of treatment planning and rely solely on the individual's or support member's (present during the intake) report of current symptoms and stressors. They do not involve the administration of any psychological tests. As such, assessments for the following purposes are not offered at Rapid Access nor are they offered as part of RRCS services.

- Custody evaluations (including parental capacity, attachment evaluations, or parental fitness determinations)
- Psychological evaluations
- Social Security Disability evaluations
- Fitness for duty evaluations
- IQ Testing
- Forensic Evaluations (Court Ordered Competency to Stand Trial and Not Guilty By Reason of Insanity Evaluations are conducted at our Fauquier clinic by appointment only).

WHAT ELSE DO I NEED TO KNOW ABOUT RAPID ACCESS?

For additional questions about Rapid Access (including what to bring), please call either of our clinics (Culpeper – 540-825-5656; Fauquier 540-347-7620) and our clinical operations specialists will be happy to assist you.

