

BOXWOOD RECOVERY CENTER – CLIENT TREATMENT SCHEDULE

	SUN.	MON.	TUES.	WED.	THUR.	FRI.	SAT.
7:00 – 8:00 a.m.	Wake Up	Wake Up & Start Clean Up	Wake Up & Start Clean Up	Wake Up & Start Clean Up	Wake Up & Start Clean Up	Wake Up & Start Clean Up	Wake Up & Start Clean Up
8:00 a.m.	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8:30 – 8:45 a.m.	Chore List/Evaluation	Community Meeting	Community Meeting	Community Meeting	Community Meeting	Community Meeting	Community Meeting
8:45 – 9:00 a.m.	Meditation	Meditation	Meditation	Meditation	Meditation	Meditation	Meditation
9:00 – 9:30 a.m.	Church/Study Movement	Dorm Monitor Inspection/ Movement	Dorm Monitor Inspection/ Movement	Dorm Monitor Inspection/ Movement	Dorm Monitor Inspection/ Movement	Dorm Monitor Inspection/ Movement	Dorm Monitor Inspection/ Movement
9:30 – 10:00 a.m.	Church/Study	Free Time/Staff Dorm Inspection	Free Time/Staff Dorm Inspection	Free Time/Staff Dorm Inspection	Free Time/Staff Dorm Inspection	Free Time/Staff Dorm Inspection	Free Time/Staff Dorm Inspection
10:00 -11:00 a.m.	Free Time (10:00 – 10:30)	Small Group	Small Group	Small Group	Small Group	Small Group	Film
11:00 -11:15 a.m.	Living Sober (10:30 – 11:30)	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time
11:15 – 12:00 p.m.	Free Time (11:30 – 12:00)	Study Time	Study Time	Study Time	Extended Small Group	Extended Small Group	Handout Group
12:00 p.m.	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
12:30 – 1:00 p.m.	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time 12:30 – 12:45	Free Time
1:00 – 2:00 p.m.	Lecture/Film (1:00 – 1:45)	Lecture	Lecture	Lecture	Lecture	Movie	Lecture
2:00 – 2:15 p.m.	Free Time (1:45 – 2:00)	Free Time	Free Time	Free Time	Free Time	Free Time	Clean-Up Dorms (2:00 – 3:00)
2:15 – 3:15 p.m.	NA/Al-Anon (2:00-3:00)	Acu-Detox/NA Study	Acu-Detox/NA Study	Acu-Detox/NA Study	Acu-Detox/NA Study	Movie	Lecture
3:15 – 3:30 p.m.	Visitation (3:00 – 5:00)	Free Time	Free Time	Free Time	Free Time	Free Time	Community Clean-Up – All Common Areas 3:15 – 4:15/4:30
3:30 – 5:00 p.m.	Visitation	Farewells	Farewells	Farewells	Farewells	Farewells	Free Time 4:15/4:30 – 5:00
5:00 p.m.	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
5:30 – 6:00 p.m.	Farewells	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time
6:00 – 6:45 p.m.	Matrix Group	Co-occurring Group	Co-occurring Group	Matrix Group	Matrix Group	Matrix Group	BRAVO
6:45 p.m. – 7:00 p.m.	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time
7:00 – 7:45 p.m.	Acu-Detox Mandala	Mooring Lines	Game Night	SA Tech Group	SA Tech Group	SA Tech Group	SA Tech Group
7:45 – 8:00 p.m.	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time
8:00 -9:00 p.m.	H&I - AA	H&I - AA	H&I - AA	H&I - AA	H&I - AA	H&I - AA	H&I - AA
9:00 – 9:30 p.m.	Chores	Chores	Chores	Chores	Chores	Chores	Chores
9:30 – 11:00 p.m.	Free Time/ Snacks	Free Time/ Snacks	Free Time/ Snacks	Free Time/ Snacks	Free Time/ Snacks	Free Time/ Snacks	Free Time/ Snacks
11:00 p.m.	In Room	In Room	In Room	In Room	In Room	In Room	In Room
11:30 p.m.	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out

Revised 05/31/16