MINUTES

Members Present: Roberta Anderson, Jackie Dare, Betsy Knight-Reid, Arla Jean Lewis, Phoebe Munger, Beverly Young

Affiliates Present: David Henry (Village of Childhelp East), Maurice Gentry (Opening Horizons), Emily Theimer (Didlake, Inc.), Trepin Tate (Health Care America/Counseling Interventions), Dan Price (Empowering Families), Laurie Dodson (Rappahannock Rapidan Community Services), Antoinette (Sam) Jones (Family Focus Counseling)

Advocates Present: Artea Ambrose, Cassie Purtlebaugh, Lana Hurt

Others Present: Anne Garrett, Tiffany Green (RRCS), Lindi Wakefield (RRCS), Cathy Robare (RRCS), Laura Wohlford (RRCS)

1. Call to Order
   Roberta Anderson, Chair, called the meeting to order at 1:35pm

2. Introductions
   Roberta Anderson, Chair, requested the attendees introduce themselves.

3. Additions or Deletions to the Agenda
   Cassie Purtlebaugh suggested that the closed session be deleted and the review Dr. Ann Garrett’s application for membership to the committee be held immediately after adjournment.

   ACTION: There being no further discussion, the LHRC Board voted unanimously to approve the changes to the agenda.

4. Public Comment
   Roberta Anderson suggested that the LHRC board members review the State Code to better understand their responsibilities.

   Elections for the new officers of the LHRC board will be held at the July meeting. Phoebe Muenger, as Secretary, will act at the Chairman for the July 26th meeting as the terms of the current chair and vice-chair will expire on June 30, prior to that meeting.

   Trepin Tate announced that the movie Paper Tigers will be screened on May 12 at 6:30pm at the Culpeper Baptist Church (318 S. West Street in Culpeper).
5. Approval of the January 26, 2016 Minutes

**ACTION:** Beverly Young moved to approve the January 26, 2016 minutes as presented. Phoebe Muenger seconded the motion. There being no further discussion, the LHRC Board voted unanimously to approve the January 26, 2016 minutes.

6. Presentations: Affiliation Updates (10 minutes)
   - Empowering Families – Dr. Daniel Price
     Dr. Daniel Price presented information about Empowering Families. They have an office in Culpeper and provide mental health skill-building and intensive in-home services. They also have an office in Charlottesville for therapeutic day treatment. They have 15 – 20 counselors and 50 – 60 clients.

   **Questions/Discussion:**
   What is the breakdown in services between your two offices? Response: In Charlottesville, we primarily provide therapeutic day treatment. In Culpeper, we provide mostly mental health skill building.

   - Family Focus Counseling Service – Antoinette (Sam) Jones
     (Postponed from January 26, 2016 meeting due to weather)
     Antoinette (Sam) Jones presented information about Family Focus Counseling Service. They recently moved to a new location that is more suited to our services. The new address is 170 West Shirley Avenue; Warrenton 20186

   **Questions/Discussion:**
   Is the Office of Licensing aware of your new location? Response: We are updating our new location with licensing.

   Roberta Anderson asked about the total number of people being seen each quarter and requested clarification of the quarterly and annual numbers.

   The LHRC accepted this updated address with a recommendation that Ms. Jones contact the Office of Licensing with this updated information. The State Advocates asked that they be copied on the email to the Office of Licensing as well.

   - Health Connect America, Inc. (Counseling Interventions) – Melissa Tate, Trepin Tate
     Trepin Tate presented information about Health Connect America, Inc.

   **Questions/Discussion:**
   Mr. Tate requested that their additional sites – Charlottesville and Harrisonburg – be added to this LHRC to simplify reporting requirements.
Ms. Purtlebaugh noted that, in the event of an appeal, it is requirement that HCA ensure that the individual can come to the Rappahannock Rapidan LHRC for the appeal process. Mr. Tate agreed with this request.

7. New/Modified Services
   - Review of Medical Restraints (Bed Rails) – RRCS/Laurie Dodson
     Laurie Dodson reviewed the use of medical restraints (bed rails) at an RRCS group home.
     
     The LHRC reviewed this request for medical restraints and made no objections or suggested any modifications.
   - Review of Medical Restraints (Hand Splints and Gait Belt) – RRCS/Laurie Dodson
     Laurie Dodson reviewed the use of medical restraints (hand splints and gait belt) at an RRCS group home.
     
     The LHRC reviewed this request for medical restraints and made no objections or suggested any modifications.

8. State Advocate Announcements
   - Dr. Cleopatra Booker, who has been the acting director of the Office of Licensing for the last several months, was offered and has accepted the position of Director of the Office of Licensing.
   - WSH – Advocate Opening, job will close soon and interviews will begin. In the meantime, advocates in Region 1 and 2 (aka Northwest Capital Region) will be covering.
   - Lana Hurt is our new ID/DD Advocate. She will be assigned to assist with ID/DD throughout the region.
   - The Office of Licensing has recently announced the addition of 5 regional managers. The transition to these new positions will begin on April 10, 2016. Once the transition has been finalized, caseloads will most likely be shifted to assist with their transition as well as to align with the 5 finalized regions. This change will reflect the systems in place with the Office of Human Rights. The below licensing specialists have been assigned as the regional managers to the following regions:
     - Region 1: Rhonda Angel
     - Region 2: Tina Whitfield Johnson
     - Region 3: Deborah Tankersley
     - Region 4: Veronica Davis
     - Region 5: Barry Lee
• A new spreadsheet is now in place that will allow the Office of Human Rights and the Office of Licensing to communicate within the CHRIS system. The spreadsheet is being sent to the regional advocates to review and triage. This change is in direct response to suggestions offered by our community providers. Thank you for your input and please continue to share your feedback with us regarding CHRIS reporting.

• The Office of Human Rights participated in a statewide retreat to discuss the proposed regulations. We are working on developing trainings for the providers upon final approval and adoption of the new regulations.

• With the new regulations, consolidation of LHRC’s will occur. We currently have 21 LHRCs in the Northwest Capital Region and the initial proposal for this region is to collapse into 11, with 5 of those being state facilities. This LHRC may be impacted, and we will keep you up to date as proposals are approved by the SHRC.
  
  o There will be no affiliates and the role of the committee will change. We will be providing training to the committees and providers once the trainings are developed.

• DBHDS is amending the three Medicaid Waivers (ID, DS, & DD) and the changes will be effective July 1, 2016. These amended waivers will have options for new services and are better designed than the current waivers to support individuals to live, work, and socialize in their own communities. The new waivers will provide more services for individuals and families and increase flexibility in service delivery options. The resulting benefits will enable people to change services more easily as their needs evolve.

9. Quarterly Reports – 100%

10. Meeting Adjourn

There being no further business, the meeting adjourned at 2:30pm.

Remaining Meeting Schedule for 2016 (all meetings held in the 2nd Floor Board Room., Bradford Road Office at 1:30pm)

• July 26, 2016
• October 25, 2016