

Local Human Rights Committee
Bradford Road Office, Conference Room B
Culpeper, Virginia
July 22, 1:30 p.m.
MINUTES

Members Present: Dr. Beverly Young, Arla Jean Lewis, Phoebe Muenger, Roberta Anderson, Ron Upshur

Affiliates Present: Beth Stephens, Melanie Edwards, John Flemming, Dyane Winn, Mary Ann Gray, Trepin Tate, Melissa Tate, Chris Ruble, David Henry, Bryna May, Emily Theimer

Also Present: Chuck Collins, DBHDS-OHR, Mark Seymour, DBHDS-OHR; Brian Duncan, Executive Director, Laurie Dodson, Quality Analyst, RRCS; Kimberley Martin, Admin Assistant, RRCS

1. Dr. Beverly Young called the meeting to order at 1:30 p.m. and asked for a moment of silence.
2. Introductions: Dr. Beverly Young introduced herself and asked for each attendee to also introduce themselves.
3. Additions or Deletions to the Agenda
 - An updated agenda was passed out at the top of the meeting.

ACTION: Roberta Anderson motioned to approve the updated agenda. Phoebe Muenger 2nd the motion. There being no further discussion, the motion to approve the updated agenda was voted on and passed unanimously.

4. Public Comment
 - Childhelp – Chris Ruble was introduced as the new director. He gave a synopsis of his work history.
 - Culpeper Star Exponent: Roberta Anderson sited an article about “streeting” mental health patients. The Board discussed the restructuring of the way cases are handled. Chuck Collins also noted this article and not understanding the point it made about CSBs being obsolete. He asked Brian Duncan if the change in ownership of the local Culpeper Hospital would change this CSBs relationship with the hospital. The answer was no change.

5. Approval of the April 22, 2014 Minutes

ACTION: Phoebe Muenger motioned to approve the April 22, 2014 minutes. Roberta Anderson 2nd the motion. There being no further discussion, the motion to approve the minutes was voted on and passed unanimously.

6. Presentations: Affiliation Updates (10 minutes)

- FAMILY LIFE COUNSELING – John Flemming presented to the committee a summary of his program. The annual report was submitted. The Committee had the following questions:

Discussion:

Do you maintain an office on Lover's Lane? Yes. That is our administrative office. All of our services are performed in the client's home.

What is your geographic area? The five counties of our catchment area.

Who is your licensing specialist? Nikki Sample.

- COUNSELING INTERVENTIONS, INC.—Trepin Tate and Melissa Tate presented to the committee a summary of their program. The annual report was submitted. The Committee had the following questions:

Discussion:

Is this Keys program patented? It is published. We have been asked by other organizations to use our materials.

You had an interesting situation this quarter that we'd like you to expand upon. Yes, some TDT staff attended a party for a retiring teacher. There was a roaming photographer who took pictures and gave them to the yearbook. The picture identified Counseling Interventions staff but not the children. The confidentiality of the students is paramount and our organization had to educate the school staff on the confidentiality issues. We were thankful to have Mark Seymour to provide guidance over this issue.

You have a lot of clients. Do you have situations where you have non-native speaking clients? We do with Spanish being the most requested secondary language. We hire bi-lingual staff.

Do you see any trends/changes? The criteria for taking clients has changed and we feel there are people that are falling through the cracks. We have been working to help get them in other programs but find they are more often getting on waiting lists than receiving actual help. If you don't meet all 5 of the criteria, you don't qualify for services. Other affiliates are finding the same problems. The funding is very limited. Funding is limited to who has a mandate. We are trying to be creative.

An Affiliate requested the Board Members watch Megellan. Megellan is managing Medicaid right now but is still under Medicaid rules. Watch to see what is different when Megellan changes the rules next January. Hold the system accountable. It is about money. We make less money than we did 10 years ago but costs have risen and, yet, we still want to provide a high level service. The children need the services.

Note to all Affiliates: DBHDS – Developmental Services - IFSP – 3K/year- applications are being accepted in August and funding in September. Request those funds.

<http://www.dbhds.virginia.gov/ODS-IFSP.htm> Additionally, Trepin Tate provided the following information: When he called the phone number listed (1-804-663-7277), they said that after they send the letters to families with the application for the IFSP, they will place the application online for those who may have moved or for some other reason did not receive the application via mail.

- CREATIVE FAMILY SOLUTIONS –Diane Winn and Mary Ann Gray presented to the committee a summary of their program. The annual report was submitted. The Committee had the following questions:

Discussion:

How many years have you been in business? We have been in business for 14 years and recently (July 1st) sold the business to ResCare. We are currently operating under the current and approved policies. Business is operating as usual until the company is regionalized and broken up. The change is not affecting our ability to affect services.
You served 8 consumers this year? In this catchment area, yes.

- CHRYSALIS COUNSELING CENTERS – Beth Stephens and Melanie Edwards presented to the committee a summary of their program. The annual report was submitted. The Committee had the following questions:

Discussion:

What do you have available in the center? Teen groups and parenting groups, couples counseling, however, it is mainly for our TDT group.

- NATIONAL COUNSELING GROUP, INC.— Bryna May

Discussion:

How old is your agency? 21 years.

Do you have any changes/updates you'd like to share? We will be going for modifications in TDT services in the future and will bring those updates as needed. We would like to continue to grow.

Any trends you are seeing? We see more intensity in our cases. And, we see a turnover back into the hospital...kids coming out and not stabilizing on meds so they return to the hospital.

Is it a function of not enough funding or timeline? Every case is different.

7. Requests for Affiliation or New Services

- RRCS/Laurie Dodson – Pet Policy (new policy) for ID Group Homes. We decided as an agency that we would not allow pets in the home. We would allow for service pets to be brought in for visits. Mr. Brian Duncan elaborated further on the history behind the decision.

Discussion:

Do you have any pets currently in the group homes? No

ACTION: Roberta Anderson motioned to approve the Pet Policy. Ronald Upshur 2nd the motion. There being no further discussion, the motion to approve the Pet Policy was voted on and passed unanimously.

- National Counseling Group/Bryna May – Crisis Stabilization Program (new program) It is funded through Medicaid. The program will be started with current clients and training current staff. They are in the process of identifying clients. This stabilization program will afford the client 8 hours a day for up to 15 days. This is a means to keep people from going to the hospital.

Discussion:

If a staff member would refuse to take on a client/what would the criteria be? It could be a holiday or vacation or maybe the case is escalated and the staff member needs to step back and take a break.

Where do you provide services? We see the client in their own environment and transport to their appointments.

Do you stay with the client past 8 hours if the client needs services or needs to go to the hospital? Yes, we provide wrap around services.

How long have you used this program in other areas? We've used it for a year in the Richmond area.

ACTION: Arla Jean Lewis motioned to approve the Crisis Stabilization Program. Roberta Anderson 2nd the motion. There being no further discussion, the motion to approve the Crisis Stabilization Program was voted on and passed unanimously.

8. Human Rights Announcements – Chuck Collins

- DBHDS has a new Commissioner – Commissioner Ferguson.
 - She postponed the closing of the Northern VA Training Center for a year. This will allow extra time for community based options to become available.
- New Human Rights Regulations are not ready yet. Current regulations stand.
- There will be a new State Human Rights Director. Margaret Walsh is retiring after 14 years.
- REACH Program– Discussed the evolution from the START Program into the REACH Program. Chuck Collins proposed having Mr. James Vann, Executive Director of REACH, to provide a presentation at the January LHRC Meeting. Brian Duncan stated he would make the invitation to Mr. Vann.
- LHRC Reappointment Letter: Beverly Young
- LHRC Appointment Letter: Roberta Anderson
- Mark Seymour noted he asked Cecelie Rodriguez to get the Spanish version of the LHRC Blue Book back online.

9. Update by Brian Duncan, Executive Director, RRCS

- John Waldeck, Clinical Services Director, retired and we have a new Director, Ryan Banks, who is a Licensed Clinical Services Worker. Mr. Duncan noted he would introduce her at the next LHRC Meeting.
- Roll-out of the law changes for ECOs/TDOs have occurred.
- Skill building services – RRCS is referring out clients and getting out of MH skill building.
- Telepsychiatry medicine is available in 2 of our 3 clinical sites. Children identify with looking at a doctor on the television and this has been successful.

- New Group Homes – continue to work on Bridge Funding prior to opening group homes. The current funding model does not cover the costs to run a group home. One drawback in working this issue has been the number of new personnel at DBHDS who have no history of programs. It is looking like we may be close to a complete resolution to this funding issue however it is not there yet.
 - *Do you now have 11 group homes?* Yes, with the addition of the two new group homes which are not yet open...Aster Street/Culpeper and Millfield Drive/Warrenton.
 - *Is this the first time you've taken clients from the training center?* No, we've probably taken 40-45 clients over the last 20 years. It is the first time we've taken clients with this complexity of needs. Seven of the eight individuals are non-ambulatory. Some have feeding tubes.
 - *You require more highly skilled staffed in these new group homes?* Yes and they are currently employed by the agency. We are waiting on full funding of the group homes so we can open and begin services.

10. Quarterly Reports – 100% submitted.

- Board Members discussed reports provided.
 - Some reports were provided as snap shots of the screen and were fuzzy. Melissa Tate offered to teach Affiliates how to print their reports in .pdf format.
 - Board Members noted the CHRIS reports were redundant for them however this is a state requirement.
- Page 54/Didlakes revised policy – noted no response from Kevin Paluszak, State Advocate for Region 2. Chuck Collins stated he would contact Kevin to determine why there was no response.

11. Meeting Schedule for 2014:

- January 28, 2014, 2nd Floor Board Rm., Bradford Road Office at 1:30 p.m.
- April 22, 2014, 2nd Floor Board Rm., Bradford Road Office at 1:30 p.m.
- July 22, 2014, 2nd Floor Board Rm., Bradford Road Office at 1:30 p.m.
- October 28, 2014, 2nd Floor Board Rm., Bradford Road Office at 1:30 p.m.

The meeting adjourned at 3:27 p.m.

Approved:

Chair or Vice Chair