Local Human Rights Committee
Bradford Road Office, Conference Room B
Culpeper, Virginia
April 24, 1:30 p.m.
MINUTES

Members Present: Eileen Peet, JoAnn Lyons, Sharon Adams, Dr. Beverly Young, Arla Jean Lewis, Dr. Dawn Klemann

Members Absent: Darlene Heckethorn

Affiliates Present: Deborah Moore, Kelly Thornton, Mindy Willingham, Rosemary Nagel, Daniel Price, Jamie Austin Morgan, Elise Stevenson, Beth Stephens, Stacey Jordon, Trepin Tate, Dulcida Estrada, Ronald Upshur

Also Present: Chuck Collins, DBH&DS-OHR; Mark Seymour, DBH&DS-OHR; Jim Bernat, Director of Quality Improvement, RRCS; Brian Duncan, Executive Director; RRCS; Kimberley Martin, Admin Assistant, RRCS; Karen Streichert,

1. Eileen Peet called the meeting to order at 1:30 p.m.

2. Introductions: Eileen Peet introduced herself and asked for each attendee to also introduce themselves

3. Additions or Deletions to the Agenda
   - Correction: Sharon Adams is not moving and will remain on the Board.
   - Addition: Myra Fields and Ron Upshur were added to the agenda as candidates for the LHRC Board.

ACTION: JoAnn Lyons motioned to approve the agenda with the additions. Beverly Young 2nd the motion. There being no further discussion, the motion to approve the agenda as amended was voted on and passed unanimously.

4. Public Comment:
   - Eileen Peet noted that the following website, www.bipolaraware.org, was very informative and encouraged all to visit the website.
   - Trepin Tate stated that Didlake updated their website (www.didlake.org) to highlight programs and is more user-friendly. Additionally, there is now an alert to inform other providers regarding program information where their clients participate. You can sign up and use the communication tool to receive these updates.
5. Approval of the January 24, 2012 Minutes

**ACTION:**  JoAnne Lyons motioned to approve the January 24, 2012 minutes. Sharon Adams 2nd the motion. There being no further discussion, the motion to approve the minutes was voted on and passed unanimously.

6. Presentations: Affiliation Updates (10 minutes)

- **PSYCHOLOGY ASSOCIATES**—Rosemary Nagel presented to the committee a summary of her program. The new annual report was submitted. The Committee had the following questions:

  **Discussion:**
  *What do you do for restraints?* We do not use them.
  *How do you keep up with the changes?* We receive updates in staff meetings and training recorded in staff personnel files. We also foster a culture of keeping up with changes.
  *Do you do groups and the circle of security from birth to grave?* Yes. Our work is really to change the parents view. The changes are subtle and hopefully parents can learn to fight for their kids in a good healthy way.

- **FAMILY PRESERVATION SERVICES**—Jamie Austin-Morgan presented to the committee a summary of her program. The new annual report was submitted. The Committee had the following questions:

  **Discussion:**
  *Are most of your referrals from DSS or probation?* Most are from probation and some from DSS. Preventative pieces are being put in place.
  *How are you managing those coming from DSS versus other populations and how do you keep the community safe.* We do supervision and are on the phone with Andy Carter to receive guidance. There are a lot of gray areas and we use our supports and really communicate to the community that this is a service that has to come from trained providers.
  *What are the ages of kids in this program?* Ages 8-10…this is a younger group than previously seen.
  *What proportion of this category is this to your over all caseload?* In-home still dictate our overall caseload. We have about 10 referrals currently.
  *What does CSOTP stand for?* Certified Sex Offender Treatment Provider
  *How many clients?* 42 currently
  *What does BTSP/EPS stand for?* Behavioral Treatment Services Program/Early Periodic Screening Detection Treatment

- **COUNSELING INTERVENTIONS, INC.**—Deborah Moore presented to the committee a summary of her program. The new annual report was submitted. The Committee had the following questions:
Discussion:
The group discussed different “holds” used when in an at-risk situation – correct versus incorrect. It was noted holds were only used in unsafe situations and there were many more situations where staff successfully de-escalated situations. It was noted that property damage is NOT considered a reason to use a hold unless the property damage would result in physical damage to people.

Have you had injuries to staff? Not last year but we did two years ago.

Do you have input for medication when you witness these activities? We coordinate with the families at all times and we have some input. We monitor that clients take their medication daily and that they are in compliance.

If a teacher has a volatile situation, can she contact staff directly? Yes.

You had one complaint about confidentiality, can you expand? He was on homebound and came to the library. The therapeutic day treatment provider was at the library and she said hello. They met the next day and talked about the experiences and then followed up with corrective action.

- **Empowering Families Program**—Dr. Daniel Price presented to the committee a summary of his program. The new annual report was submitted. The Committee had the following questions:

Discussion:

What does FACE stand for? Functional Association Character Education curriculum for children in pre-school to 5th grade. There is a weekly lesson plan geared to each age group. We also have school counselor curriculum for the counselor who goes into the classroom to work with the children on character building. We just got an E-Publisher and put our curriculum on Amazon.com and Barnes & Noble.com. In the e-books, we have an anti-bullying program. The kids start learning that when they are 4, they grow up to be caring, respectful and responsible people.

7. Requests for Affiliation or New Services (No requests)

8. Human Rights Announcements – Chuck Collins

- A Certificate of Appreciation was presented to Dawn Klemanns for successfully serving on the Board for two terms.
- Sharon Adams is not moving and will remain on the Board.
- Mountain Laurel relinquished its license on 3/29/12. Remove from contact list.
- Wall Residences consolidating LHRC to Region 10. Remove from contact list.
- Continued compliance with the agreement between the DOJ and the State of VA with closing down the training centers in the state by 2020. There are five training centers: Petersburg, Northern VA, Southside, Eastern State and Western State. About 1000 people will come out of training centers and be placed in the community. Only one training center (75 beds) will be left and it is a new facility.
- Human Rights trends in region 1:
  - There has been excellent participation and attendance. The reports, especially in this LHRC, have been excellent.
The second is closure of programs...Rose Memorial in Winchester closed - 20 beds by DBHDS and 20 beds by Social Services. It had to be closed because a Director admitted to substance use and the Executive Director was unaware. There were 5 other closures. Medicaid rates are an issue.

The cross systems mapping program is a good one. Providers in the community get together to see where mental health and law enforcement intersect. Law enforcement need to be trained in mental health issues.

The other trend is the funding and establishment of crisis intervention programs and START. We have a lot of clients with mental illness who also have crisis.

9. Update by Brian Duncan, Executive Director, RRCS
   • Timely submission of reports by the Affiliates is helpful.
   • Thanked Ron Upshur for attending today. We are trying to do our work and have potential members in training. To our Affiliates, if you encounter anyone who would be a potential candidate, please turn in their name to Brian Duncan or Kimberley Martin. RRCS appreciated Dawn Klemann’s advocacy and service on the LHRC Board.
   • Community Housing Initiative: We received funding. Our 2 4-bedroom houses are part of this initiative. We’ve hosted a number of meetings and this is moving forward and on target. One of the concerns is that a specific level of expertise or care resides at the training centers and is virtually non-existence in the community. These specialty areas are virtually non-existent in the community. Part of the provision of the DOJ/VA State settlement is that these services will be provided in the community. In the future, that will extend out to private providers. That is up and coming and is part of the transition of services.
   • START Initiative: This is an aggressive respite care for adults with intellectual disabilities. We’ve started with a community based mobile unit and an 8-bed facility in Region 10.
   • RRCS just acquired an apartment house in Orange and we will expand our existing service. This will be a residential resource (independent living).

Discussion:
*What do you tell the affiliates about supporting the LHRC.* The Affiliates encounter people all the time who have a desire to look a little beyond their profession. The other people we encounter are the consumers and their families. Some of them can be very effective in this forum.

10. Quarterly Reports –

   • January 2012 - One affiliate was non-compliant due to:
     ➢ No response. Report turned in on January 17, 2012 and applied to April Quarterlies
   • April 2012 – Two affiliates non-compliant due to:
     ➢ No response.
     ➢ Turned in Annual Report versus Quarterly Report

The regular meeting ended at 3:30 pm
ACTION: Eileen Peet motioned to enter into closed session at 3:30 p.m. Beverly Young 2nd the motion. There being no further discussion, the board voted unanimously to enter into closed session.

11. New Member Interviews –
   • Potential new member, Myra Fields, was not present
   • Ronald Upshur submitted his application for membership to the board. After questions and discussion from current board members, a vote was taken.

ACTION: Chuck Collins tallied the votes. The board voted unanimously to make Ronald Upshur a member of the LHRC Board.

ACTION: JoAnn Lyons motioned to end the closed session and adjourn the meeting at 4:00 p.m. Sharon Adams 2nd the motion. There being no further discussion, the board voted unanimously to end the closed session and adjourn this quarterly meeting of the LHRC.

12. Meeting Schedule:
   • January 24, 2012, 2nd Floor Board Rm., Bradford Road Office at 1:30 p.m.
   • April 24, 2012, 2nd Floor Board Rm., Bradford Road Office at 1:30 p.m.
   • July 24, 2012, 2nd Floor Board Rm., Bradford Road Office at 1:30 p.m.
   • October 23, 2012, 2nd Floor Board Rm., Bradford Road Office at 1:30 p.m.

Approved:

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Chair or Vice Chair