

**Local Human Rights Committee
Bradford Road Office, Conference Room B
Culpeper, Virginia
April 22, 1:30 p.m.
MEETING MINUTES**

Members Present: Eileen Peet, Dr. Beverly Young, Arla Jean Lewis, Phoebe Muenger, Roberta Anderson, Ron Upshur

Affiliates Present: Rosemary Nagel, Jamie Austin-Morgan, Daniel Price, Emily Theimer, Jamie Austin, Melissa Tate, Trepin Tate

Also Present: Chuck Collins, DBHDS-OHR, Mark Seymour, DBHDS-OHR; Brian Duncan, Executive Director, Laurie Dodson, Quality Analyst, RRCS; Kimberley Martin, Admin Assistant, RRCS; Jim Bernat, Manager of Boxwood Recovery Center

1. Eileen Peet called the meeting to order at 1:40 p.m. and asked for a moment of silence.
2. Introductions: Eileen Peet introduced herself and asked for each attendee to also introduce themselves.
3. Additions or Deletions to the Agenda
 - An updated agenda was passed out at the top of the meeting.

***ACTION:* Beverly Young motioned to approve the updated agenda. Sharon Adams 2nd the motion. There being no further discussion, the motion to approve the updated agenda was voted on and passed unanimously.**

4. Public Comment:
 - NAMI Virginia Conference, Sunday, June 8th, in Glen Allen, VA.
 - Two articles in the Charlottesville newspaper were noted:
 - Psychiatric acute admissions spike after the Deeds case.
 - Attack on State Senator elevates look into Mental Health – The author shows some courage in highlighting some of the problems that exist in the system.
 - A member discussed their experience with Western State and as a Board Member.
 - NAMI Piedmont in Warrenton is funding an officer to attend CIT training.
 - ChildHelp is in the process of doing a nationwide search for a new Director. Latrice Hickman continues as the interim Director.
5. Approval of the January 24, 2014 Minutes
 - Last page, put a hyphen between purpose and built.

***ACTION:* Roberta Anderson motioned to approve the January 24, 2014 minutes as amended. Beverly Young 2nd the motion. There being no further discussion, the motion to approve the minutes as amended was voted on and passed unanimously.**

6. Presentations: Affiliation Updates (10 minutes)

**PLEASE REMEMBER TO CONTACT KIMBERLEY MARTIN AT 825-3100,
EXT. 3146 IF YOU ARE UNABLE TO ATTEND MEETINGS.**

- FAMILY LIFE COUNSELING – John Flemming was not present/will present in July.
- PSYCHOLOGY ASSOCIATES—Rosemary Nagel presented to the committee a summary of her program. The annual report was submitted. The Committee had the following questions:

Discussion:

You serve about 35 clients. Is that where you want to be? That was last year in 2013. That is higher than the number we now serve.

You are not doing TBT? No. However, we work with those agencies that do perform that service in order to better serve our clients.

The 35 clients served was an average in 2013. How many clients do you have now? 17 – 19 consumers.

Last year, you mentioned seeing an increase in drug abuse? Are you seeing any trends this year? The kids are younger and worse diagnosis.

- FAMILY PRESERVATION SERVICES—Jamie Austin-Morgan presented to the committee a summary of her program. The annual report was submitted. The Committee had the following questions:

Discussion:

Why are the children sexually reactive? They have had exposure to pornography. They have been exposed to parents and/or siblings having sex in front of them.

You are trying to keep the kids in the community. What is the tipping point when you will recommend sending a child to residential treatment? If the child is a victim in the home, that child needs to be in residential treatment unless there is a relative placement.

How many kids did you serve last year? We served approximately 70 children last year. Culpeper is currently serving 11 children and Fredericksburg is serving 16 children.

At what stage are the really young, sexually reactive kids at the end of the treatment?

Are they normal or will they go on to be sexual predators? The little ones are not looked at as sexual offenders once they are given the skills to learn normal versus harmful reactions. Services can be in place for 6 months or a year.

What is your annual budget? Just under 1mil for the Culpeper/Fredericksburg office.

Once the child has completed the treatment, can they be placed in an inactive status so they do not need to go through the waiting process should they require future treatment?

A lot is going to be dependent on the funding stream. There is an approval process through VICAP if they receive Medicaid funding.

- EMPOWERING FAMILIES PROGRAM—Dr. Daniel Price presented to the committee a summary of his program. The annual report was submitted. The Committee had the following questions:

Discussion:

How many clients do you serve? We serve approximately 28 children in Culpeper and 35 in Charlottesville.

When was your last human rights training? The last human rights training was April 2013 and the next is scheduled for this Friday for 2014.

Was 2013 the first year of your summer therapeutic day treatment? No, we've held it for 3 years.

7. Requests for Affiliation or New Services

- RRCS Sponsored Placement Program: Elizabeth Dandridge, 1745 Finley Drive, Culpeper, Va. 22701

Discussion:

Is Elizabeth Dandridge a contract employee of the RRCS? Yes.

Has she been trained in all aspects of human rights? Yes.

Is she licensed? Yes.

Is she providing a group home? It is a group home-like service.

How many clients would she provide service? No more than two.

ACTION: Beverly Young made the motion to approve this new sponsored placement service. Roberta Anderson 2nd the motion. There being no further questions, the Board voted unanimously to approve Elizabeth Dandridge as a new sponsored placement service. Chuck Collins will notify Licensing.

- Boxwood Detox Visitation Modification to the Policy: No visitation is allowed while an individual is in Boxwood Detox.

Discussion:

The detox program would usually last no longer than 7 days? Generally, yes.

And once they are out in general population, they could receive visitors? Yes. And they do have access to phone calls.

What do you call your patients in Boxwood? Clients or patients

Chuck Collins noted 4 reasons why Jim Bernat requested the modification. 1) The environment doesn't warrant, 2) It may be disruptive, 3) It is clinically counterintuitive, and 4) It is a relatively short period of time.

Have you had anyone who benefitted from outside visitors? Jim just took this position.

He asked a nurse who stated patients do like visitors however it is counterintuitive to progress being made with the clients.

Would you make an exception if a client needed or benefitted from the visitation? We always have the ability or authority to make an exception to the rule.

Have there been cases of contraband coming into the facility? Not inside the building but there was a liquor bottle found outside the building. There was strong evidence that a client had heroin.

Is there a provision in the future for more space so that visitation could occur? I do not foresee that.

ACTION: Roberta Anderson made the motion of no visitation is allowed while an individual is in Boxwood detox. Phoebe 2nd the motion. There being no further questions, the Board voted unanimously to approve the motion.

8. Human Rights Announcements – Chuck Collins

- Chuck Collins awarded the following certificates of recognition:
 - Certificate of Recognition – Eileen Peet
 - Certificate of Recognition – Sharon Adams

9. Update by Brian Duncan, Executive Director, RRCS

- We are pleased with Jim Bernat's promotion to Manager of Boxwood.
- Update on 2 new group homes that will be opening soon. We are in the process of licensing for both locations and have brought on ½ the staff and are getting them trained. Seven of the eight beds are formally committed. Warrenton will open first.

10. Quarterly Reports

- All Reports were turned in on time.

11. Board Member Positions

- Election of LHRC Board Officers (Chair, Vice Chair, Secretary)

ACTION: Sharon Adams made the motion to elect Beverly Young as Chair of the RRCS Local Human Rights Committee. Eileen Peet 2nd the motion. There being no further questions, the Board voted unanimously to approve the motion.

ACTION: Eileen Peet made the motion to elect Phoebe Muenger as Vice Chair of the RRCS Local Human Rights Committee. Roberta Anderson 2nd the motion. There being no further questions, the Board voted unanimously to approve the motion.

ACTION: Eileen Peet made the motion to elect Roberta Anderson as Secretary of the RRCS Local Human Rights Committee. Beverly Young 2nd the motion. There being no further questions, the Board voted unanimously to approve the motion.

12. Meeting Schedule:

- January 28, 2014, 2nd Floor Board Rm., Bradford Road Office at 1:30 p.m.
- April 22, 2014, 2nd Floor Board Rm., Bradford Road Office at 1:30 p.m.
- July 22, 2014, 2nd Floor Board Rm., Bradford Road Office at 1:30 p.m.
- October 28, 2014, 2nd Floor Board Rm., Bradford Road Office at 1:30 p.m.

The meeting adjourned at 3:19 p.m.

Approved:

Chair or Vice Chair