Local Human Rights Committee  
Bradford Road Office, Conference Room B  
Culpeper, Virginia  
October 23, 1:30 p.m.  
MEETING MINUTES

Members  
Present:  
Eileen Peet, JoAnn Lyons, Sharon Adams, Dr. Beverly Young,  
Arla Jean Lewis, Ron Upshur

Affiliates  
Present:  
Margreta Grady, Terry Williams, Trepin Tate, Marie Payne-Clore, Elise Stevenson, Beth Stephens, Salley Twenty, Mindy Willingham, Phoebe Muenger

Also Present:  
Chuck Collins, DBH&DS-OHR; Mark Seymour, DBH&DS-OHR; Jim Bernat, Director of Quality Improvement, RRCS; Brian Duncan, Executive Director; RRCS; Kimberley Martin, Admin Assistant, RRCS

1. Call to Order:  Eileen Peet called the meeting to order at 1:35 p.m.

2. Introductions:  Eileen Peet introduced herself and asked for each attendee to also introduce themselves.

3. Additions or Deletions to the Agenda

   • Vote on new officers.  It has been one year this month since the committee voted on officers.  
   • Potential new committee member.  
   • RRCS – location updates

   ACTION:  JoAnn Lyons motioned to approve the agenda with the additions.  Beverly Young 2nd the motion.  There being no further discussion, the motion to approve the agenda as amended was voted on and passed unanimously.

4. Approval of the July 24, 2012 Minutes

   ACTION:  Sharon Adams motioned to approve the July 24, 2012 minutes.  Arla Jean Lewis 2nd the motion.  There being no further discussion, the motion to approve the minutes was voted on and passed unanimously.

5. Presentations:  Affiliation Updates

   • CROSSROADS COUNSELING CENTER – MARGRETA GRADY presented to the committee a summary of her program.  The annual report was submitted.  The Committee had the following questions:

PLEASE REMEMBER TO CONTACT KIMBERLEY MARTIN AT 825-3100, EXT. 3146 IF YOU ARE UNABLE TO ATTEND MEETINGS.
Additional Questions:
As a company grows, there is sometimes expansion in TDT services that has not been brought to the Licensing Dept. Here in Culpeper, we have not grown. The one person here in Culpeper is in therapeutic foster care support to the foster families.
In the new health care that is being brought on board, it is a whole new ballgame. It seems that Romney wants to institute waivers with Medicare. Do you have any waivers? We deal with Medicaid not Medicare.
How do you get your funding? We receive funding through CSA, FAP Team, Medicaid and a few small regular insurance. This program does not use the waiver (Medicare). This is a program that focuses on children and we receive funding in a different way…through the Comprehensive Funding Aide.
Did you have any human rights issues? No.

• ACT FAMILY PROGRAM – TERRY WILLIAMS presented to the committee a summary of his program. The annual report was submitted. The Committee had the following questions:

Additional Questions:
Is it correct you had no human rights violations? Correct.
Are your counselors’ full time or part time? Both.
Has your client load changed in the past year? At the beginning of the year, we had 21 clients. With Medicaid changes, we lost clients and had to downsize staff.
Are there trends you are seeing with your clients in the past year? Mostly, we see a lot of single mothers…abuse and neglect cases. It is hard to get them into intensive home therapy due to Medicaid.
Who is involved on the adult side? We talk either to the parent or foster home. Sometimes it is difficult because we go to their home and they are not there. We just work around their schedule.
Sometimes you go to the home, do you also have office space? We go to their home.
What is the age range? 7-16 right now…not so many teen agers.
What are some of the management needs? We go to the school and work with the guidance counselor and teachers. We take the kids to doctor visits.

• DIDLAKE, INC. – TREPIN TATE presented to the committee a summary of his program. The annual report was submitted. The Committee had the following questions:

Additional Questions:
We use the waiver for day support services of adults. We have about 45 individuals that have received services.
Do you have success getting job coaches? Yes, there are efforts all around to supply sheltered services. We work with the CSB as well as DARs to help individuals obtain employments.
Do you help the department of corrections with getting people jobs? We help anyone referred to us who has a waiver to obtain jobs.
On aging, what is considered aging? At Didlake, we have individuals who just graduated from high school and we have some who are 70 years old.
Someone who uses your services would have to go through DARs or CSBs? We also serve a limited number of individuals coming through social services and there is private pay.
When did you move from the airport hanger? It has been 5 years. It showcases the efforts to expand. The former building was a complicated place to provide services. 

No complaints handled this year? Correct 

You have 7 staff and 45 clients. Yes. Do you have cameras? No. Generally, questioning in a respectful manner will give us the results we need. 

I used to think cameras were an unusual thing to do. But we’ve seen the programs with cameras roll the tape and those that didn’t had to utilize a more laborious process. Usually, a program installs cameras after an event. Bring it to the LHRC as a proposal. 

What would a cane chair cost? For the woven cane…about $40. 

What kind of trends are you seeing? We are seeing trends with individuals with referrals…seeing more of the challenging individuals seeking training. The referrals are individuals who have received the ID Waiver thru the CSB. These individuals have aged out of high school or who have stayed home and are now seeking services. Didlake is hosting a dance for Halloween on Saturday. All are invited.

- AGAPE COUNSELING & THERAPEUTIC SERVICES, INC. – MARIE PAYNE-CLORE presented to the committee a summary of her program. The annual report was submitted. The Committee had the following questions:

Additional Questions: 

What is the meaning of CMHS? Community Mental Health Support 

Is it a regular artist who helps the individuals? She is an art therapist. It is therapeutically geared. 

If a staff member comes on other than February, do they have to wait for human rights training? No, new staff get trained initially and then every February. 

How often do you notify clients of their human rights? We notify clients of their human rights every six months even though the state only requires annually. 

Did you have any human rights complaints? No, we did not have any human rights complaints however we did have a client call Mark Seymour. This client was missing appointments. We scheduled a meeting to discuss resolving issues around attending appointments. The client drifted away for 30 days with no services. She contacted Mark Seymour but did not follow up. 

Do you still have the program at the Lutheran Church? We have a program gathering people twice a week utilizing space at St. Lukes. 

You’ve been providing services in different places, what is the scope of services…how far will you travel? We go to Charlottesville, Fredericksburg, we had a client that had dentures made in Winchester. There is not a limit to how far we will travel for a client. 

What kind of trends are you seeing? Maybe not a trend but we are starting to see family members who are unsupportive and interfering in finances and medication management. The most common situation is with siblings.

6. Requests for Affiliation or New Services 

- Counseling Interventions/Mindy Willingham/Sally Twenty – additional site location provided at KEYS Academy for TDT services. They already have approved standards and procedures with Licensing. Request is for approval of a new location.

ACTION: JoAnn Lyons motioned to approve the additional site location at Keys Academy for TDT services. Sharon Adams 2nd the motion. There being no
further discussion, the motion to approve the new site location was voted on and passed unanimously.

Discussion:
How many students attend Keys Academy? There are 7 students. The state is saying we could have 20 students. We are licensed for 11-22 year olds.
Are your student’s private pay? No, our students are funded through the Comprehensive Funding Services Act.

7. Human Rights Announcements – Chuck Collins
   • DOJ Settlement – The state is closing 4 of 5 training centers by the year 2020. Central VA Training Center clients are coming to this catchment area. START (Systematic Therapeutic and Respite Treatment) is a program that comes from the DOJ settlement. START is a mental health respite/wellness recovery center (about a 2 week treatment) program for ID clients who are having issues in Group Homes or anywhere in Region 1. The consumers from this region would go to Region 10…near Charlottesville. …beginning this Wednesday. Consumers in Region 1 experiencing an issue but not in need of a hospital could go to this START group home in Charlottesville (6 beds). Western State’s new Hospital is going to open Sept 13, 2013. Chuck and Mark took a 2-hour tour. Jack Barber is heading it up. The money is put where the patient is impacted the most…in the rooms. Capacity is 246. 10% of the rooms are ADA and accessible.
   • New Hope Detox at Valley CSB will not be continuing. Brian Duncan noted RRCS is conducting a study to determine if Boxwood Recovery Center would provide detox services.
   • Darlene Heckethorn resigned from the LHRC due to work schedule conflicts.
   • We are happy to have Phoebe Muenger attending today as a potential Board Candidate.

8. Update by Brian Duncan, Executive Director, RRCS
   • RRCS – location changes
     ➢ The addition of two new sponsored placement providers in the next couple months (Nikki, our licensing specialist has visited both). About to enroll 2 sponsored placements both with experienced providers. The addresses are as follows:
       1. Leroy and Angela White
          3885 Mountain View court
          Locust Grove, VA 22508
          540-854-9335
       2. Dennis and Tonya Holmes
          5415 Jeffersonton Road
          Jeffersonton, VA 22727
          540-295-7039
     ➢ RRCS is also moving its’ Orange Supported Living Program location in the town of Orange from James Court to the new location, 197 East Street, Orange, VA. (6 clients) It is an independent living program.

ACTION: Beverly Young motioned to approve RRCS for the two residential sponsored placement programs as well as the move of the supported living program from James Court to 197 East Street in Orange. Eileen Peet 2nd the motion. There being no further discussion, the motion to approve was voted on and passed unanimously.

➢ We are evaluating expanding services at Boxwood. If and when we expand that service, we would bring that to the LHRC. RRCS is currently evaluating medically monitored detox services at Boxwood. This would be a new service.
Two group homes (2 four-bed group homes) mentioned at earlier meetings will break ground next month. The contract will be signed the first week of November.

DOJ settlement and revised ID Waiver in VA is defining the level of reimbursement. The DOJ is defining the level of monitoring by the number of beds.

Paula Beneson passed away over the weekend. She was Brian Duncan’s administrative assistant for 20 years.

9. Quarterly Reports –

- October 2012 – All Affiliates 100% compliant 😊

10. Vote on LHRC Officers - The following nominations occurred:

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<tr>
<th>Name</th>
<th>Position</th>
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<tr>
<td>Eileen Peet</td>
<td>Chair</td>
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<tr>
<td>Beverly Young</td>
<td>Vice Chair</td>
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<tr>
<td>JoAnn Lyons</td>
<td>Secretary</td>
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*ACTION: By acclamation the Committee voted unanimously to accept Eileen Peet as Chair, Beverly Young as Vice Chair and JoAnn Lyons as Secretary.*

11. Meeting Schedule:

- January 22, 2013, 2nd Floor Board Rm., Bradford Road Office at 1:30 p.m.
- April 23, 2013, 2nd Floor Board Rm., Bradford Road Office at 1:30 p.m.
- July 23, 2013, 2nd Floor Board Rm., Bradford Road Office at 1:30 p.m.
- October 23, 2013, 2nd Floor Board Rm., Bradford Road Office at 1:30 p.m.

The meeting adjourned at 3:45 p.m.

*Approved:

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Chair or Vice Chair