

**Local Human Rights Committee
Bradford Road Office, Conference Room B
Culpeper, Virginia
January 27, 2015, 1:30 p.m.
MINUTES**

Members Present: Dr. Beverly Young, Arla Jean Lewis, Phoebe Muenger, Roberta Anderson

Affiliates Present: Chris Ruble, Gloria Setterlund, Lisa McPherson, John Borgens

Also: Chuck Collins, DBHDS-OHR, Kimberley Martin, Admin Assistant, RRCS; Sheri Sobkowiak, RRCS

1. Beverly Young called the meeting to order at 1:35 p.m.
2. Introductions: Beverly Young introduced herself and asked for each attendee to also introduce themselves.
3. Additions or Deletions to the Agenda
 - An updated agenda was passed out at the top of the meeting.

ACTION: Roberta Anderson motioned to approve the updated agenda. Phoebe Muenger 2nd the motion. There being no further discussion, the motion to approve the updated agenda was unanimous.

4. Public Comment
 - www.aplacetobevirginia.com – Arla Jean Lewis provided information regarding A Place To Be (music therapy for disabled people).
5. Approval of the October 28, 2014 Minutes
 - Change wording as follows: Millfield group home...backup documentations and physician orders were provided to Chuck Collins who reviewed in detail with Board Members.

ACTION: Roberta Anderson motioned to approve the October 28, 2014 minutes as amended. Phoebe Muenger 2nd the motion. There being no further discussion, the motion to approve the minutes as amended was voted on and passed unanimously.

6. Presentations: Affiliation Updates (10 minutes)
 - TIME FAMILY SERVICES – Gloria Setterlund presented to the committee a summary of her program. The annual report was submitted. The Committee had the following questions:

**PLEASE REMEMBER TO CONTACT KIMBERLEY MARTIN AT 825-3100,
EXT. 3146 IF YOU ARE UNABLE TO ATTEND MEETINGS.**

Discussion:

What kind of services do you provide? We mostly provide intensive in-home services (25). We also provide therapeutic day treatment predominantly at Verdun in Rixyville (6 after school and 2 home-school). We have a teacher at Verdun doing home-school as well as the challenge courses.

We need to know if or how we separate services...licensed with kids and then working with first responders on how to calm themselves (Loudon Sheriffs Dept). Jurisdiction only covers DBHDS. First Responder work is totally separate.

How many staff? We have 9 staff members. Our minimum qualification is QMHP. We have one licensed, one working under the licensed person and that person is working on licensure.

Who is your licensing person? Nicki Sample is the Licensing person.

Any human rights issues? No.

Do you get referrals through FAPT? No. Our referrals come from the CSB/VICAP. Once they go through VICAP, they are given a list of providers in the area.

Are you where you want to be or do you want to expand? I don't want to get really big. I could expand a little.

Do you want to expand the Verdun program? Yes, I would like to expand that program.

- FAMILY FOCUS COUNSELING SERVICE—John Borgens presented to the committee a summary of his program. The annual report was submitted. The Committee had the following questions:

Discussion:

We provide mental health, substance abuse and mental health for abusers. Substance abuse is by far our largest clientele. We have 7 substance abuse groups in Culpeper and 6 groups in Warrenton. Each county has one group just for women and one just for opiate, heroine and drug abuse. Most clients come from the VASAP program. The goal is for them to be successful. The more successful and better they perform, the better we look. We also work with alcohol and substance abuse. Referrals from Fauquier schools on alcohol or substance abuse get referred to Family Focus. We are not crisis intervention oriented at all. One of the neat things we are doing is co-parenting to make parenting as seamless as possible. The purpose is to focus on the kid issues not the partner issues. It is not to fix the marriage. We have a batterer intervention program...3 groups in Warrenton and 1 in Culpeper.

What are some of the tools to cope? Your strength is your intelligence not your emotions. I over E. If you feel yourself getting annoyed...keep your mouth shut. If you open your mouth, it will be about emotion. If it is someone you care about, you want what you say to be caring. Patience is Wisdom. Listen. Fourteen topics must be covered.

How many clients are there due to a court order? About 98% are court ordered.

How does the funding work? Self pay. The alternative is going to jail. We don't bill insurance for any of the groups.

Have you seen a huge increase in heroine use? Yes. And, it is with intravenous use. People who are addicted will do anything to get their drug.

On the billing, are they billed by hour or session? Most people are billed per group or entire program. We provide a receipt with each session.

- ALICE C. TYLER VILLAGE OF CHILDHELP EAST— Chris Ruble presented to the Committee a summary of his program. The annual report was submitted. The Committee had the following questions:

Discussion:

How many kiddos do you currently have? We are licensed for 67 and we have 56 currently. We have approximately 225 staff members.

Please explain the report where there are initials...BH was trying to touch me. Staff are to sit by the door through the night. The children were separated.

Why someone by the door versus putting the children in different rooms? This particular situation did not merit that. Additionally, we don't have more than a 5 year age difference in a home and a 3 year age range in a room so changing rooms is not always an option.

On your annual report, do your programs have any citations? Yes. The first was no Program Manager but that went away when I (Chris Ruble) was hired. Another violation was road not paved. The road leading to ChildHelp is now paved. Inside the gate is not paved because it is not financially feasible. Another violation and one of the biggest issues I faced was thorough documentation. I will not tolerate non-compliance on documentation. Another violation was that a staff person worked prior to getting the background investigation.

Regarding complaints, there is a note that every complaint was resolved but on the annual report (CHRIS report) there were some open. Would you please explain? That has to do with CHRIS. The state advocate has to close out the issue. If the provider does everything they should do, they should close it. Then if the advocate has an issue, they would reopen it. However, at the moment, the advocate has to close the case.

Another violation was one use of seclusion for time out. A staff member stood in the door and that is an inappropriate use of time out. We don't use that any more. All those rooms are shut down.

What happens after a child turns 14 y.o.? We predominantly serve children 7-12 y.o. We make referrals out if a child still needs residential program when they age out of ChildHelp.

How do you get referrals? Social Services mainly refers...80% from VA and 20% from WVA.

- BLUE RIDGE GROUP HOME, INC.—Lisa McPherson presented to the committee a summary of her program. The annual report was submitted. The Committee had the following questions:

Discussion:

How many individuals do you serve? We serve 6 individuals.

Do you feel your business is stable? Yes, very stable. We provide both residential and day support. Our clients have a lot of family support. One member lost her mother and a family friend has stepped up and fills that family role with phone calls and visits and excursions. We have one member who is a bit more challenging. The family has its own health challenges. However, that family does come to the ISP meetings and they do phone their family member. Our oldest client is 70. This client, as is age appropriate, has opted to do shorter excursions instead of day support outside the house. We keep them engaged in meaningful activities.

Have you had any human rights violations? We had one human rights issue where a client was given a medication which he did not take. And, we had another issue with a peer to peer strike. It was unfounded. Chuck Collin's gave KUDOS to the program stating it is a model. It feels like home...like the client's true home. You have low turnover of clients and staff. You resisted the temptation to expand too much or too fast. Your program just seems like their home.

Can you tailor a 70 year old client's services? Can hospice come in? Yes to both and we have had one client who went to the hospital but we brought her home to die with dignity.

7. Requests for Affiliation or New Services – table until next meeting/affiliate only with Fredericksburg LHRC

- Family Preservation Services/Jamie Austin Morgan: Was not present however they have inherited the LHRC in Fredericksburg and will be seeking one affiliation there and can bring the following items before that Board once affiliated.
 - Notice of Intent to add Mental Health Skill Building
 - Notice of Intent to add Outpatient ABA License
 - Notice of Intent to add Outpatient License.

8. Human Rights Announcements – Chuck Collins

Chuck Collins had an exit interview with Debra Ferguson at which time he advocated for the following:

- We could use a REACH Program in every CSB not just 7 beds for the region.
- The system really needs a CVTC for respite.
- There is a need for an Adult Protective Services Registry that will keep offenders from getting a similar job in another area or state.
- We address mental health but there is a gap for those experiencing PTSD or traumatic brain injuries.
- The new regulations (blue book) are being drafted. Chuck Collins urged everyone to read them. Anything that diminishes the regulations diminishes the human rights. Advocate!

9. Update by Sheri Sobkowiak, RRCS

Our new group homes in Culpeper (Aster) and Warrenton (Millfield) serve individuals from the training centers. We have 4 individuals in Culpeper and 3 in Warrenton with one more set to move soon. They need a lot of very specific services and equipment. Implementing the specialized training has gone well. Families were initially scared about their family member being in the community but are now seeing how their family member is adjusting well. We have one more individual going through the transition process. There is a lot of staff educating and educating in the community that is taking place with doctors, therapists, etc... Our area is not quite ready for the complex education of being the providers. We are educating community-service-providers on what it means document-wise as a requirement to support these clients under the DBHDS system. The providers are becoming more welcoming and interested about serving someone who is in need of more complex issues. Overall, service is going well in both homes.

10. Quarterly Reports – 100% submitted. LHRC Board Members noted the following issues and asked for follow-up and reminders to be vigilant in removing client names from reports.

- RRCS one incident in Remington GH was given an incorrect amount of insulin. Ask Laurie Dodson to provide answer back to Board Members.
 - Failure to do blood sugar check. Missed the Lorazipam (behavioral medication) and was given a double dose of allergy medicine. Supervisor reviewed the medication administration process with the staff.
- RRCS page 65 – client’s name appears.
- Psychology Associates - Wrong report/Administrative Assistant error. Provided the correct report to the State Advocate and LHRC Board Members. Using old form.
- Didlake - Page 34 Old Template. Used old form. LHRC Board requested Didlake submit complaints and number served.

Quarter: 1st Quarter: Jan. 1 - Mar. 31 0 of complaints or abuse cases (51 people served).
 2nd Quarter: Apr. 1 -June 30 0 of complaints or abuse cases (54 people served).
 3rd Quarter: July 1 –Sept. 30 0 of complaints or abuse cases (48 people served).
 4th Quarter: Oct. 1 –Dec. 31 0 of complaints or abuse cases (48 people served).

- Creative Family Solutions - page 24 Left client names in report. Reminder to remove client’s names.
- Chris Ruble noted HCH in Fauquier County (40 bed free standing mental health hospital) contacted him shortly after the October 2013 meeting so that project is moving forward.

11. Closed Session-none

12. Meeting Schedule:

- January 27, 2015, 2nd Floor Board Rm., Bradford Road Office at 1:30 p.m.
- April 28, 2015, 2nd Floor Board Rm., Bradford Road Office at 1:30 p.m.
- July 28, 2015, 2nd Floor Board Rm., Bradford Road Office at 1:30 p.m.
- October 27, 2015, 2nd Floor Board Rm., Bradford Road Office at 1:30 p.m.

Action: Roberta Anderson motioned to adjourn the meeting at 2:55. Arla Jean Lewis 2nd the motion. With no further discussion, the committee voted unanimously to carry the motion.

Approved:

Chair or Vice Chair