

**Local Human Rights Committee
Bradford Road Office, Conference Room B
Culpeper, Virginia
January 22, 1:30 p.m.
MEETING MINUTES**

Members Present: Eileen Peet, JoAnn Lyons, Sharon Adams, Dr. Beverly Young, Arla Jean Lewis, Ron Upshur, Phoebe Muenger

Affiliates Present: Gloria Setterlund, David Henry, Bryna May, Stephanie Rey, Lisa McPherson, Trepin Tate, Latrice Hickman, John Borgens

Also Present: Chuck Collins, DBH&DS-OHR; Mark Seymour, DBH&DS-OHR; Jim Bernat, Director of Quality Improvement, RRCS; Brian Duncan, Executive Director; RRCS; Kimberley Martin, Admin Assistant, RRCS

1. Call to Order: Eileen Peet called the meeting to order at 1:35 p.m. and asked for a moment of silence.
2. Introductions: Eileen Peet introduced herself and asked for each attendee to also introduce themselves.
3. Additions or Deletions to the Agenda: Eileen Peet asked for additions/deletions to the agenda. There were none.

***ACTION:* Sharon Adams motioned to approve the agenda. Beverly Young 2nd the motion. There being no further discussion, the motion to approve the agenda was voted on and passed unanimously.**

4. Approval of the July 24, 2012 Minutes

***ACTION:* Arla Jean Lewis motioned to approve the October 23, 2012 minutes. Beverly Young 2nd the motion. There being no further discussion, the motion to approve the minutes was voted on and passed unanimously.**

5. Presentations: Affiliation Updates
 - FAMILY LIFE COUNSELING – JOHN FLEMMING presented to the committee a summary of his program. The annual report was submitted. The Committee had the following questions:

Additional Questions:

Are you serving anyone at the Lovers Lane location? No, not on behalf of Family Life Counseling.

Do you expect growth this year? I project growth of 20-25 clients by year end.

Do you work with MH or ID? Both and some of our clients are dual diagnosis.

**PLEASE REMEMBER TO CONTACT KIMBERLEY MARTIN AT 825-3100,
EXT. 3146 IF YOU ARE UNABLE TO ATTEND MEETINGS.**

Do you serve any clients with Autism Spectrum Disorder? We have a few clients with Aspergers Syndrome. We have one client pending diagnosis of aspergers and anxiety.
What are the potential changes? We serve the client regardless of diagnosis. A change in diagnosis is for the purpose of billing.

Do you notice any trends with your clients? People are much more needy and have more financial stressors. Children respond to that with underlying issues of stress.

How do you get paid? Our clients are either CSA or Medicaid.

- TIME FAMILY SERVICES – GLORIA SETTERLUND presented to the committee a summary of her program. The annual report was submitted. Ms. Setterlund provided information on potential new services which will be contracted with Verdun to provide therapeutic day treatment. The agency is currently waiting on Licensing for a modification. The Committee had the following questions:

Additional Questions:

Do you serve adults? No, our clients are children.

Will the program at Verdun be a one day program? No, it will be daily and ongoing. We will also serve children in after-school programs and on weekends.

Will there be flexibility in the program? Yes, we will take part time clients and integrate them into groups and be creative.

How are you paid? Medicaid, CSA and some self pay.

Do you serve any autistic clients? Yes, we currently have 3 clients diagnosed with Asperger's Syndrome. We have one that is not diagnosed but who has ODD and was kicked out of school. We referred the client's mother to take the child to Kluge/Charlottesville however it was too late to get the child into school. We have one client out of school who threatens to shoot.

How many hours a week does Medicaid allow? 6hrs/day, 5days/week.

Are your clients on medication? Yes

Where are the shires (horses)? Verdun is setting up a barn. Currently, there are shires in Rixeyville.

Is a separate person in charge of the shires? Yes

Has the Therapeutic Day Treatment Program been approved? The packet was submitted to Licensing before Christmas. It is unknown how long it will take for the modification.

Will you require more staff when the new program begins? Yes.

When we receive our modification from Licensing for the Therapeutic Day Treatment Program, we will be hosting an Open House and will send the LHRC Board and Advocates an invitation.

- FAMILY FOCUS COUNSELING SERVICE – JOHN BORGENS presented to the committee a summary of his program. The annual report was submitted. Mr. Borgens provided information on the prescription drug groups as well as domestic violence recidivism rates after attending batterer intervention programs. The Committee had the following questions:

Additional Questions:

How long do groups last? 20 weeks however we work within the guidelines of the agencies and states from which our clients came to us.

What is the recidivism rate? 50% in a year is considered good. We would like to see less people returning and for those who complete the program, they are less likely to return.

What is the typical profile? All of the above. Currently, we have clients ranging in age from 18 – mid 70s. Commonly, we see clients in their 20's and 30's. We are currently holding 2 groups in Warrenton and some clients are voluntary.

How are you paid? Nearly 100% are self pay.

Pending legislation about reporting guns, how do the gun laws impact you? If a person is convicted of domestic violence, they cannot own a gun.

- BLUE RIDGE GROUP HOME – LISA MCPHERSON presented to the committee a summary of her program. The annual report was submitted. The Committee had the following questions:

Additional Questions:

What are the ages of your residents? Mid 30's to upper 60's.

Your agency displays proper chemistry and a stable staff. Would you consider growing your agency? We downsized from 2 homes to 1 home and deliver a higher quality of service.

What was the circumstance that led one of your clients to leave? We recognized limitations in what we could provide. Some of what the client wanted was not necessarily in his best interest but we helped him find what he was requesting. He moved to Wall Residence. The smaller environment has been successful for him.

- ALICE C. TYLER VILLAGE OF CHILDHELP EAST – LATRICE HICKMAN presented to the committee a summary of her program. The annual report was submitted. Ms. Hickman provided information regarding staffing at ChildHelp. Steven Lancaster is no longer the Director. Ms. Hickman is currently filling that position. Capacity is 67 however the agency currently has 49-50 clients. Ms. Hickman is reviewing and evaluating processes. The Committee had the following questions:

Additional Questions:

Is the census where you want it? Census = Revenue = Quality of Services. We do have referrals. It is all about relationships and people feeling safe and secure with staff. This is what directly lead to the change in leadership.

How long will you (Latrice Hickman) be at ChildHelp? As long as it takes.

Why were the use of restraints so high on your report? Schedules change and I do not find a basis. We are evaluating and providing instruction on de-escalation techniques, different coping mechanisms and evaluating inconsistent staffing patterns.

6. Requests for Affiliation or New Services

- National Counseling Group Central Piedmont Office will be adding a satellite office in Charlottesville that will be part of Central Piedmont beginning February 1, 2013. Bryna May and Stephanie Ney provided information about their agency and requested combining affiliation of the satellite office with their affiliation at RRCS LHRC. Mark Seymour recommended to the LHRC Board to provide coverage.

ACTION: Beverly Young motioned to approve the new site and combine the satellite office in Charlottesville with National Counseling Groups affiliation at RRCS LHRC. Phoebe Muenger 2nd the motion. The LHRC voted unanimously to approve the new site location and combine its affiliation with the RRCS LHRC.

7. Human Rights Announcements – Chuck Collins
 - DOJ Settlement is proceeding and clients are being placed.
 - START – Mr. Collins visited the site in Charlottesville. There are 6 beds. Three beds are respite and 3 beds are treatment.
 - CHRIS – Comprehensive Human Rights Information Service comes on board March 1st for CSBs. Staff will enter their incidents through this web based program.
 - Phoebe Muenger was officially appointed to the RRCS LHRC Board Member. Her letter of approval was included in the meeting package. Congratulations Phoebe!
 - A revision of the Human Rights Regulations (Blue Book) has begun. Dispute resolution will be the area most reviewed.
 - Western State Hospital – Projected to open mid-September 2013.

8. Update by Brian Duncan, Executive Director, RRCS
 - The Orange Apartments are open. We found out it does not have to be licensed as it is not a program. It is an independent living situation with a lease agreement.
 - CHRIS – Comprehensive Human Rights Information Service is a transparent system for looking at agency records when doing business and making referrals. This has been in the works for years however the DOJ Settlement called for it to get done and go live.
 - Boxwood Detox – we will come back to the LHRC and go to Licensing to request approval for a 6-bed, medically monitored detox program at Boxwood.
 - 2 Group Homes are under construction. They should be completed next fall and we will come back to the LHRC as well as go to Licensing regarding those programs.
 - General Assembly – The budget was submitted prior to the recent shootings. The legislature proffered amendments.
 - One that is applicable here has to do with a Mental Health first aid program to train non-mental health personnel to recognize the signs and symptoms of mental illness.
 - VA TECH – due to the shootings at VA Tech, there is broader flexibility to detain individuals who may harm the general public. This change came about through advocates raising awareness.

9. Quarterly Reports –
 - One Annual Report missing – no response
 - One Quarterly Report missing – no response
 - One Quarterly Report missing – sent all reports except the Quarterly Report

10. Meeting Schedule:
 - January 22, 2013, 2nd Floor Board Rm., Bradford Road Office at 1:30 p.m.
 - April 23, 2013, 2nd Floor Board Rm., Bradford Road Office at 1:30 p.m.
 - July 23, 2013, 2nd Floor Board Rm., Bradford Road Office at 1:30 p.m.
 - October 22, 2013, 2nd Floor Board Rm., Bradford Road Office at 1:30 p.m.

The meeting adjourned at 3:35 p.m.

Approved:

Chair or Vice Chair