Rappahannock Rapidan Local Human Rights Committee  
Bradford Road Office, 2nd Floor Board Room  
Culpeper, Virginia  
October 28, 2015 1:30 pm

MINUTES

Members Present: Roberta Anderson, Betsy Knight-Reid, Phoebe Muenger, Dr. Beverly Young

Members Excused: Jackie Dare, Arla Jean Lewis

Affiliates Present: Marie Clore, Agape Counseling; Laurie Dodson, RRCS; Brian Duncan, RRCS; Chris Ruble, Childhelp; Janine Sewell, Family Preservation Services; Emily Theimer, Didlake; Dwight Vick, Crossroads Counseling Center; Mindy Willingham, Counseling Interventions

Advocates Present: Artea Ambrose, Cassie Purtlebaugh

Others Present: Laura Wohlford (RRCS), Robert Weigel (RRCS & NAMI Piedmont), Kathy Weigel (NAMI Piedmont), Ann Garrett

1. Call to Order
   Roberta Anderson, Chair, called the meeting to order at 1:37pm

2. Introductions
   Roberta Anderson, Chair made the following introductory announcements and the attendees introduced themselves.
   - New LHRC Board Members – Jackie Dare and Betsy Knight-Reid
   - New Advocate – Artea Ambrose (also first visit by Cassie Purtlebaugh)
   - Antoinette (Sam) Jones has purchased Family Focus Counseling Service from John Borgens, who retired.
   - Dwight Vick replaces Archana Dogra at Crossroads Counseling Center

3. Additions or Deletions to the Agenda
   - RRCS – Children’s Mobile Crisis Program
     ACTION: Beverly Young moved that the agenda be amended to include this additional item. Betsy Knight-Reid seconded the motion. There being no further discussion, the LHRC Board voted unanimously to amend the agenda.

4. Public Comment
   There were no public comments.

5. Approval of the July 28, 2015 Minutes
   ACTION: Beverly Young moved that the minutes from the July 28, 2015 meeting be approved as written. Betsy Knight-Reid seconded the motion. There being no further discussion, the LHRC Board voted unanimously to approve the minutes.

Robert Anderson asked that the two items be added to these minutes as follow-up reminders for the next meeting:

1) Verify our bylaws are in line with state requirements – Laura Wohlford will verify by the January meeting.
2) Behavioral Management Committee Start-up – Cassie Purtlebaugh will forward guidelines to Laurie Dodson for review. Laurie will work with Artea Ambrose on any questions and follow-up.
6. Presentations: Affiliation Updates (10 minutes)

- Agape Counseling & Therapeutic Services, Inc.— Marie Payne-Clore
  Marie Payne-Clore provided an overview of her organization.
  
  **Questions and Discussion:** When did you start the art therapy program and how is it going?**
  **Response:** It was ramping up last year. It is going very well. Mostly serves school age clients. Every case is different, but it has been beneficial for non-verbal clients. We probably have 6 – 8 clients participating in art therapy.

- Crossroads Counseling Center – Dwight Vick
  Dwight Vick provided an overview of his organization.
  
  **Questions and Discussion:** Crossroads Counseling will affiliate with Prince William since the majority of their clients are in that region.

- Didlake, Inc.— Emily Theimer
  Emily Theimer provided an overview of her organization.
  
  **Questions and Discussion:** Are you concerned that your individuals in the sheltered program will have any issues with finding employment? **Response** – yes, however, there is funding for a job coach that will help. There is also difficulty in finding jobs, for anyone, let alone someone who would need additional assistance.

- Rappahannock Rapidan Community Services – Laurie Dodson
  Laurie Dodson provided an overview of her organization.
  
  **New Program:** Children’s Mobile Crisis – This program provides crisis stabilization for children diagnosed with ID/DD and MH issues. The portion addressing ID and mental health crisis needs licensing. This will augment existing emergency services. Crisis stabilization is a longer-term service than crisis intervention. The service would be available 24/7. The program tries to avoid out-of-home placement or hospitalization. Clients would be transferred to other services, if needed, for longer-term care. The program is open to children in the age range of 5 – 17 years old. We currently have one staff hired for this program and are recruiting for a second

  **ACTION:** Betsy Knight-Reid motioned to approve the RRCS Children’s Mobile Crisis program. Beverly Young seconded the motion. There being no further discussion, the LHRC Board voted unanimously to approve the RRCS Children’s Mobile Crisis program.

  **Update:** Security cameras at Boxwood – As discussed at the last LHRC meeting, RRCS is proposing installation of security cameras in the common areas of the Boxwood Treatment Center. The proposed policy is being reviewed; it has not yet been submitted to the licensing specialist. RRCS would record video only, no audio. Cassie Purtlebaugh, Advocate, received a copy of the policy for review. RRCS will ask its licensing contact about whether the policy needs to be reviewed by the LHRC Board before finalization.

7. New or Expanding Services

- Family Preservation Services, Inc. These are an expansion of an existing, licensed service.
  - Expanding their Therapeutic Day Treatment (TDT) school locations
  - Adding Psychological Testing and Assessment in Fredericksburg and Culpeper
8. Human Rights Announcements

New Advocate for Your Region!

- Artea Ambrose, MA, Human Services (804-489-8137 artea.ambrose@dbhds.virginia.gov)
  - Most recently Director of Community Based Services for a private provider in Winchester, Virginia.
  - Expertise in Therapeutic Day Treatment, Behavioral Therapy Services, Intensive In-Home Services
  - Has also worked in group home serving adults and children with ID/DD
  - Has been liaison for LHRC for several years in her former position

CHRIS reporting

- Providers should notify Advocate if they are experiencing problems with the system. Helpful tips are available for completing reports. If you desire one, please inform.
- Seeing great improvement in reporting. Still having some difficulties with the investigative tab. Again, Advocate is willing to assist if you contact her.
- Explanation of CHRIS reports – what OHR sees, OL does not, what OL sees, OHR does not – don’t assume we know what you are reporting to each regulatory body

Commissioner notes:

- Commissioner Ferguson recently announced her resignation, effective October 20, 2015. Dr. Ferguson has accepted a position as a senior policy advisor in the Governor’s Office. She has been taking leave time and transitioning to her new position in the Governor’s Office.
- Health and Human Resources Secretary Hazel has asked that Dr. Jack Barber serves as the interim DBHDS commissioner until further notice, and he assumed operational day-to-day responsibilities for the Department on September 22.
- Most recently, Dr. Barber served as the DBHDS Medical Director and previously as the Director of Western State Hospital in Staunton.
- Dr. Barber believes very much in strong partnerships, and he feels that the efforts at DBHDS have deeply benefitted from drawing on the knowledge and on the ground perspectives of community partners.
- Dr. Mary Clare Smith Named as New Western State Hospital Facility Director
  Dr. Mary Clare Smith has been named the new Director at Western State Hospital. She started this new position on August 3, 2015. Dr. Smith has worked in Virginia’s behavioral health system for over 20 years, and most of her career was built on her psychiatric experience at Western State Hospital. Throughout her time there, she served as Acting Facility Director, Chief of Staff, Medical Director, Co-Medical Director, Assistant Chief of Staff, and Attending Psychiatrist. Dr. Smith’s extensive experience includes: program development, implementation, and evaluation; supervising department heads; diagnosing and administering effective treatment to patients; recruiting and retaining staff; and financial management.
Stay Connected!

- Waiver Updates Email List – If you would like to be added to the email list to receive waiver redesign communications, please send your email address and your stakeholder status (e.g., self-advocate, family member, provider agency representative, advocacy organization, etc.) to waiverupdates@dbhds.virginia.gov.

- ALL IN! Email List – Anyone interested in being included on this list can simply send his or her email address using the link here.

- Innovations – If you would like to highlight an innovative program or service for future editions of ALL IN!, please send your submission (no more than two paragraphs) to the link here.

- Compliance Visits – Compliance visits are occurring regularly and will look and feel more like a licensing visit – OHR and OL are working very closely in the region, including investigations, license renewals, etc. If you send an email to one of us, please send it to both of us so that communication is improved.

RECENT FACTS & FIGURES

Training Center Census (August 3, 2015)

<table>
<thead>
<tr>
<th>Name</th>
<th>July 2012 Census</th>
<th>July 2013 Census</th>
<th>July 2014 Census</th>
<th>August 3, 2015 Census</th>
</tr>
</thead>
<tbody>
<tr>
<td>NVTC - Closure: By 3/30/2016</td>
<td>153</td>
<td>135</td>
<td>107</td>
<td>55</td>
</tr>
<tr>
<td>SWVTC - Closure: By 6/30/2018</td>
<td>173</td>
<td>156</td>
<td>144</td>
<td>122</td>
</tr>
<tr>
<td>CVTC - Closure: By 6/30 2020</td>
<td>350</td>
<td>301</td>
<td>288</td>
<td>230</td>
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<tr>
<td>SEVTC - Remains open</td>
<td>106</td>
<td>84</td>
<td>75</td>
<td>69</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>983</strong></td>
<td><strong>790</strong></td>
<td><strong>614</strong></td>
<td><strong>476</strong></td>
</tr>
</tbody>
</table>
ID and DD Waiver Enrollment and Waiting Lists (August 2015)

<table>
<thead>
<tr>
<th></th>
<th>ID Waiver</th>
<th>DD Waiver</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Slots</td>
<td>10,707</td>
<td>1,013</td>
</tr>
<tr>
<td>Urgent Waitlist</td>
<td>4,981</td>
<td></td>
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<tr>
<td>Non-Urgent Waitlist</td>
<td>3,121</td>
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</tr>
<tr>
<td>Total Waitlist</td>
<td>8,102</td>
<td>2,035</td>
</tr>
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Mental Health Hospital, Hiram Davis and VCBR Census (August 4, 2015)

<table>
<thead>
<tr>
<th>Name</th>
<th>August, 2015</th>
</tr>
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<tbody>
<tr>
<td>Catawba</td>
<td>101</td>
</tr>
<tr>
<td>Central State Hospital</td>
<td>227</td>
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<tr>
<td>Eastern State Hospital</td>
<td>287</td>
</tr>
<tr>
<td>Northern Virginia Mental Health Institute</td>
<td>122</td>
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<tr>
<td>Southern Virginia Mental Health Institute</td>
<td>63</td>
</tr>
<tr>
<td>Southwest Virginia Mental Health Institute</td>
<td>164</td>
</tr>
<tr>
<td>Western State Hospital</td>
<td>242</td>
</tr>
<tr>
<td>Piedmont Geriatric Hospital</td>
<td>118</td>
</tr>
<tr>
<td>Commonwealth Center for Children and Adolescents</td>
<td>21</td>
</tr>
<tr>
<td>Hiram Davis Medical Center</td>
<td>69</td>
</tr>
<tr>
<td>Virginia Center for Behavioral Rehabilitation</td>
<td>369</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>1,783</strong></td>
</tr>
</tbody>
</table>

9. Quarterly and/or Annual Reports not submitted:
   • Blue Ridge Group Home, Lisa McPherson

   **Affiliates need to get the reports to the LHRC on time – the LHRC will refer delinquent reports to the DBHDS advocate if the reports are not submitted on time.**
If there are no abuse reports or complaints for the quarter, affiliates do not need to include CHRIS reports. However, this needs to be documented on the quarterly paperwork (i.e. “no abuse or complaints this quarter” should be notated on the quarterly report).

Add all prior quarters in the quarterly report.

10. 2016 Affiliate Presentation Schedule (attached) and Affiliate Agreements

11. Meeting Adjourn
    There being no further business, the meeting adjourned at 2:45 pm.

Meeting Schedule for 2016 (all meetings held in the 2nd Floor Board Rm., Bradford Road Office at 1:30pm)

- January 26, 2016
- April 26, 2016
- July 26, 2016
- October 25, 2016